Chimo Gymnastics Fall 2026 Session Class Schedule
September 8th - December 19th

Program	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	(13 Weeks) No Classes on Oct. 12th	(15 weeks)	(13 Weeks) No Classes on Sept.30th, Nov 11th	(15 weeks)	(15 weeks)	(14 Weeks) No Classes on Sept.26th
Parent & Tot * kids 1-3 yrs old, with adult participation required	9:00-9:45am $156	9:00-9:45am $180		9:00-9:45am $180	9:00-9:45am $180	9:00-9:45am $168
	10:00-10:45am $156	10:00-10:45am $180		10:00-10:45am $180	10:00-10:45am $180	10:00-10:45am $168
						11:00-11:45am $168
Transitional Preschool kids 2-4 yrs old, parent participation required, transitioning to a Independent class	designed for kids who are beyond the Parent & Tot class, but too young for the Independent class, or kids who aren't quite ready to be on their own, this transitional plan will allow parent participation at the start, working towards no parent participation near the end of the session.		1:00-2:00pm $201.50			
Active Start Preschool 3 -5 yrs *independent participation, kids must be able to listen to coaches and particpate without adult assistance	9:00-10:00am $201.50	9:00-10:00am $232.50		9:00-10:00am $232.50	9:00-10:00am $232.50	9:00-10:00am $217
	10:15-11:15am $201.50	10:15-11:15am $232.50		10:15-11:15am $232.50	10:15-11:15am $232.50	10:15-11:15am $217
						1:00-2:00pm $217
						2:15-3:15pm $217
						3:30-4:30pm $217
Active Start Pre School 4-5 yrs	3:30-4:30pm $201.50	3:00-4:00pm $232.50	3:00-4:00pm $201.50	3:00-4:00pm $232.50	3:00-4:00pm $232.50	
	4:45-5:45pm $201.50	3:30-4:30pm $232.50	3:15-4:15pm $201.50	4:15-5:15pm $232.50	4:15-5:15pm $232.50	
		4:30-5:30pm $232.50	3:30-4:30pm $201.50	5:30-6:30pm $232.50	5:30-6:30pm $232.50	
		5:15-6:15pm $232.50				
Co-ed Recreational **5-8 yrs** **(60 min & 90 min classes)**	3:00-4:00pm $201.50	3:00-4:00pm $232.50	3:00-4:00pm $201.50	3:15-4:45pm $345	3:00-4:30pm $345	9:00-10:00am $217
	6:00-7:30pm $299	3:15-4:45pm $345	4:30-5:30pm $201.50	3:30-4:30pm $232.50	3:30-5:00pm $345	9:30-11:00am $322
		4:15-5:15pm $232.50	4:45-6:15pm $299	4:45-5:45pm $232.50	4:45-6:15pm $345	10:15-11:15am $217
		5:30-6:30pm $232.50	6:00-7:30pm $299	5:00-6:30pm $345	5:15-6:45pm $345	11:15am-12:45pm $322
		6:15-7:45pm $345	6:30-7:30pm $201.50	6:00-7:00pm $232.50	6:30-7:30pm $232.50	
				6:30-8:00pm $345		
Recreational Boys Only **7-10 yrs**				3:00-4:30pm $345		
Co-ed Recreational **9-13 yrs** **(60 min & 90 min classes)**	4:15-5:15pm $201.50	4:15-5:15pm $232.50	3:00-4:00pm $201.50	4:45-6:15pm $345	3:00-4:30pm $345	
	5:30-7:00pm $299	5:30-6:30pm $232.50	4:15-5:45pm $299	6:30-8:00pm $345	4:45-6:15pm $345	
		6:15-7:45pm $345	6:00-7:00pm $201.50		6:30-7:30pm $232.50	
Co-ed Recreational **13-16 yrs**		6:30-8:00pm $345				
Advanced Receational **5-7 years** **(please note this is a 90 minute class)**			4:30-6:00pm $299			
	This program is geared towards participants that have had gymnastics experience before (has been in at least 2 sessions at Chimo). Coaches evaluate athlete suitability for classes on an ongoing basis. If coaches feel there are options better suited to your child's gymnastics development they will be withdrawn. Skills that they should have: Handstand on floor, Cartwheel on floor, Handstand to Bridge, Roundoff, Bridge (shoulders over wrist), 3 chin ups, Lift toes to bar, Beat swings on bar, Pullover, Handstand on low beam, Left/Right/Middle splits (complete or working to complete). Must be able to follow detailed instructions on technique and progressions. Ability to focus is required. If you are unsure if you child meets these requirements, talk to their current coach.					
Advanced Recreational **8-11 years**	4:15-6:15pm $357.50			4:30-6:30pm $412.50	5:30-7:30pm $412.50	
	This program is geared towards participants that have had gymnastics experience before (has been in at least 2 sessions at Chimo). Coaches evaluate athlete suitability for classes on an ongoing basis. If coaches feel there are options better suited to your child's gymnastics development they will be withdrawn. Skills that they should have: Handstand on floor, Cartwheel on floor, Handstand to Bridge, Roundoff, Bridge (shoulds over wrist), Front tuck off Trampoline, Front handspring off tramp/floor, Climb half way up Rope, 3 chin ups, Jump from low to high bar, Hanging leg lift, Beat swings on bar, Pullover, Back hip circle (working or acquired), Handstand on medium beam,Left/Right/Middle splits (complete or working to complete). Must be able to follow detailed instructions on technique and progressions. Ability to focus is required. If you are unsure if you child meets these requirements, talk to their current coach.					
Advanced Recreational **12+ years**	6:30-8:30pm $357.50	6:00-8:00pm $412.50		6:30-8:30pm $412.50		
	This program is geared towards participants that have had gymnastics experience before (has been in at least 2 sessions at Chimo). Coaches evaluate athlete suitability for classes on an ongoing basis. If coaches feel there are options better suited to your child's gymnastics development they will be withdrawn. Skills that they should have: Handstand on floor, Cartwheel on floor, Handstand to Bridge, Roundoff, Bridge (shoulds over wrist), Front tuck off Trampoline, Front handspring off tramp/floor, Climb half way up Rope, 3 chin ups, Jump from low to high bar, Hanging leg lift, Beat swings on bar, Pullover, Back hip circle (working or acquired), Handstand on medium beam, Left/Right/Middle splits (complete or working to complete) Must be able to follow detailed instructions on technique and progressions and not be afraid. Ability to focus is required. If you are unsure if you child meets these requirements, talk to their current coach.					
Adult Gymnastics		7:30-8:30pm $232.50	12:30-2:00pm $299	11:00am - 12:30pm $345		
			7:00-8:30pm $299	7:30-8:30pm $232.50		
Parkour 5-8 yrs	3:00-4:00pm $201.50	3:00-4:00pm $232.50	3:15-4:15pm $201.50		3:00-4:00pm $232.50	
		6:45-7:45pm $232.50			4:15-5:15pm $232.50	
Parkour 9-13 yrs		4:15-5:45pm $345		3:00-4:30pm $345	5:30-7:00pm $345	
Parkour 13-16 yrs				7:00-8:30pm $345		
Trampoline & Tumbling **6-9 yrs**		5:30-7:00pm $345				
Trampoline & Tumbling **10-16 yrs**		7:00-8:30pm $345				

Please note: Classes must have a minimum of 3 kids enrolled to run. Coaches evaluate athlete suitability for classes on an ongoing basis. If coaches feel there are options better suited to your child's gymnastics development you will be contacted and asked to change classes. There is a mandatory Gymnastics BC insurance fee of $45 for all participants. This fee is good from September 1st, 2025 until August 31, 2026.